

# Travel with The Met

October 13–22, 2024

**Western Mediterranean Civilizations:  
Sicily, Tunisia, Sardinia & Menorca Aboard *Sea Cloud II***  
with Page Knox, Lecturer and Educator



THE  
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# Western Mediterranean Civilizations: Sicily, Tunisia, Sardinia & Menorca Aboard *Sea Cloud II*

Dear Members and Friends of The Metropolitan Museum of Art,

Join me in October 2024 for a unique intercontinental voyage through the Western Mediterranean aboard the elegant *Sea Cloud II*. We'll embark from Valletta, Malta, and explore hidden gems once claimed by legendary civilizations, including the Phoenicians, Greeks, and Romans. We'll chart a course to the intriguing Italian islands of Sicily and Sardinia, the historic North African nation of Tunisia, and Spain's Balearic island of Menorca. Throughout our adventure, we'll enjoy privately guided looks at the UNESCO-listed treasures left behind by these lands' ancient occupiers.

As an art historian, I'm thrilled to immerse you in the rich cultural heritage that has inspired centuries of art, starting with Magna Graecia, Sicily's once-thriving ancient Greek colony. We'll learn about recent archaeological finds, including terracotta vases and an ornate altar, that have transformed our understanding of Magna Graecia with expert-led looks at the exquisite, 2,500-year-old Doric temples in the UNESCO-listed Valle dei Templi (Valley of the Temples) and the exceptionally well-preserved, fifth-century-B.C. Temple of Segesta.

In the Tunisian capital of Tunis, expert guides will take us behind the scenes in the mighty ancient Phoenician city of Carthage, later one of Rome's greatest conquests. On a curator-led private tour of Tunis's Bardo Museum, we'll experience North Africa's incredible Roman heritage with a look at one of the world's largest collections of Roman polychrome mosaics. Next, a blend of Phoenician, Greek, and Roman treasures will dazzle us in Sardinia, where the ancient city of Nora will reveal a Roman theater, intricate mosaics, and bath complexes.

Before disembarkation in Tarragona, Spain, we'll venture to Mahón, the capital of Menorca, once claimed by Romans, Spanish Islamic peoples, and the Byzantines. We'll take an inside look at the Museu de Menorca, housed in a 17th-century Franciscan convent yet beautifully modern, where Roman mosaics, Islamic ceramics, paintings, and other treasures tell the island's multifaceted story. We'll also go behind the scenes at the Torre d'en Galmés, one of the largest prehistoric settlements in the Balearics, where experts will showcase structures like stone *talayots* (watchtowers), labyrinthine caves, and chambers unlike anything else in the world.

I hope you join me for this enchanting Mediterranean voyage, as we uncover fascinating artistic wonders amid layers of history.

Sincerely,

Page Knox

Lecturer and Educator

The Metropolitan Museum of Art



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## Traveling with You

Page Knox

Page Knox is Lecturer and Educator at The Metropolitan Museum of Art, where she offers her expertise on special exhibitions and the permanent collection, and also teaches membership classes. She is an adjunct professor of art history at Columbia University, where she received her Ph.D. in 2012. In her Art Humanities course, she gives lectures on a vast range of makers, movements, and traditions, including images of Christ in art and the history of art in Spain.

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## Trip Highlights

- Sail aboard the elegantly appointed *Sea Cloud II* on a Western Mediterranean cruise between Europe and Africa, following in the wake of Phoenician, Roman, Greek, Islamic, and other ancient cultures to lands not usually seen by travelers
- Uncover the ancient Greek grandeur of **Sicily** in **Agrigento's** UNESCO-listed, 2,500-year-old **Valle dei Templi** and the fifth-century-B.C. **Temple of Segesta**, guided by experts who will share details on their latest archaeological discoveries
- In **Tunis, Tunisia**, join experts amid the ancient ruins of **Carthage**, the Phoenician powerhouse claimed by the Romans, and take a private look at the world's greatest collection of Roman polychrome mosaics at the recently reopened **Bardo Museum**
- On **Sardinia**, explore the Neolithic roots and Roman heritage of the capital, **Cagliari**, with scholars, or discover the ancient Roman city of **Nora**, guided by local historians who will bring its past to life
- On Spain's unspoiled Balearic island of **Menorca**, join a curator at the **Museu de Menorca** to admire little-seen treasures from the island's prehistoric Talayotic, ancient Roman, medieval Islamic, and Byzantine occupiers



Bardo Museum, Tunis, Tunisia



Photos clockwise from top right: Duomo di Cagliari, Cagliari, Sardinia; *Sea Cloud II*; *The Dancing Satyr*, Mazara del Vallo, Sicily, Italy; Menorca, Spain; Tunis, Tunisia; Map of the region. Front cover: Trapani harbor, Sicily, Italy. Back cover: Zitouna Mosque, Tunis, Tunisia (top); and Valley of the Temples, Agrigento, Sicily, Italy (bottom).

# Western Mediterranean Civilizations: Sicily, Tunisia, Sardinia & Menorca Aboard *Sea Cloud II*

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## Departure

Sunday, October 13

Depart for Valletta, Malta, on an overnight flight.

## Valletta, Malta / Embark *Sea Cloud II*

Monday, October 14

Arrive this morning in Valletta and gather for lunch. Afterwards, board the elegant *Sea Cloud II* and set sail for Sicily. L,D

## Porto Empedocle (Sicily), Italy / Agrigento

Tuesday, October 15

*Sea Cloud II* arrives this morning at Porto Empedocle, where you will transfer to beautiful Agrigento, formerly the ancient Greek city of Akragas. Discover the Valle dei Templi (Valley of the Temples), a UNESCO World Heritage Site featuring colossal ancient Greek temples. The site's nearly intact Tempio della Concordia is perhaps the world's most well-preserved Greek temple, featuring a bronze statue of the fallen Icarus by the Polish sculptor Igor Mitoraj. Archaeologists recently unearthed 60 terracotta vases and other votive objects at the site. Tonight, gather for the captain's welcome reception and dinner. B, L, R, D

## Trapani / Segesta or Mazara del Vallo / Afternoon at Sea

Wednesday, October 16

From the port of Trapani, transfer to the magnificent Tempio di Segesta and its adjacent theater, which were built in the fifth century B.C. and remain in remarkable condition. While exploring the site with your expert guide, learn how local authorities recently unearthed an extraordinarily well-preserved altar from the Hellenistic period more than 2,000 years ago.

Alternatively, drive to the village of Mazara del Vallo to see its spectacular seven-foot bronze statue, retrieved from the sea by local fishermen. With his flying hair and goat ears, the figure was quickly dubbed *The Dancing Satyr*. B, L, D

## Tunis, Tunisia

Thursday, October 17

Upon arrival in Tunis, join an expert guide for a tour of the ancient ruins and Roman villas of Carthage, founded by Phoenicians



Ruins at Nora, Sardinia, Italy

in the ninth century B.C. and later claimed by Rome. Then join a privately guided visit to the recently reopened Bardo Museum, renowned for its extensive collection of Roman polychrome mosaics, which depict scenes of ancient daily life. A highlight is the *Virgil Mosaic*, which shows the Latin poet flanked by Melpomene and Clio, the muses of tragedy and history.

Following this, enjoy a walking tour through the historic medina of Tunis, a UNESCO World Heritage Site dating back to 698 A.D. Key landmarks include the eighth-century-A.D. Zitouna Mosque, Tunisia's largest mosque and the oldest in the city. B, L, D

## Cagliari or Nora (Sardinia), Italy

Friday, October 18

On Sardinia's southern coast in Cagliari, the island's capital, take an expert-guided walking tour through the maze-like streets of the Old Town, also known as Castello. Highlights include the Piazza del Palazzo, home to the 13th-century Duomo di Cagliari. Alternatively, transfer to Nora, beautifully situated on a promontory overlooking the sea. Conquered by the Romans in 283 B.C., Nora holds marvelous ruins including a theater, an aqueduct, a nymphaeum, baths with amazing mosaic floors, and a sanctuary dedicated to Asclepius, the god of healing. B, L, D

## Day at Sea

Saturday, October 19

Discover the thrill of scenic sailing aboard the legendary *Sea Cloud II*. Under a full set of billowing white sails, sit down for fascinating talks from our lecturers. B, L, D

## Mahón (Menorca), Spain / Torre d'en Galmés

Sunday, October 20

Recognized as a UNESCO Biosphere Reserve, the island of Menorca was home to the Talayotic culture of the Iron Age, known for its *talayots* (watchtowers), followed by Roman, Muslim, Aragonese, and 18th-century British rule. As *Sea Cloud II* approaches the picturesque harbor of Mahón, enjoy lunch on the Lido Deck as we pass the monumental 19th-century stone fortress Fortaleza de la Mola. Upon arrival, take a private tour of the Museu de Menorca, housed in a 17th-century Franciscan convent where you will admire exhibits representing Menorca's cultural heritage, from prehistoric relics and Roman mosaics to Islamic and medieval objects.

Visit the Mercat del Claustre, a vibrant food market offering delicacies like sharp, buttery Mahón cheese and *ensaïmada* (a sweet rolled pastry). Head inland for a behind-the-scenes visit to the large prehistoric settlement of Torre d'en Galmés, featuring well-preserved ruins of *talayots* and a labyrinthine network of caves and chambers. With the ship departing later in the evening, enjoy free time along Mahón Harbor. B, L, D

## Day at Sea

Monday, October 21

Today, enjoy the continuation of talks from the lecturers. Attend a farewell reception and dinner this evening. B, L, R, D

## Tarragona / Disembark / Barcelona / Return

Tuesday, October 22

Disembark this morning in Tarragona, Spain, and transfer to the Barcelona airport for flights home. B

This itinerary is subject to change at the discretion of The Metropolitan Museum of Art and Arrangements Abroad. For complete details, please carefully read the terms and conditions at [www.arrangementsabroad.com/terms](http://www.arrangementsabroad.com/terms).

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# Program Rates

Cabin Categories	Cabin Numbers	Decks	Double Rates	Single Rates
State Rooms	204 to 206	Cabin Deck	\$9,999	\$11,999
Upper/lower twin berths, shower.				
Superior Cabins	207 to 210	Cabin Deck	\$12,999	\$19,499
Twin beds, shower.				
Deluxe Cabins	211 to 217 & 224 to 231	Cabin Deck	\$14,999	\$22,499
Twin beds, shower.				
Deluxe Cabins	218 to 223	Cabin Deck	\$15,999	Inquire
Double bed (two separate mattresses), shower.				
Deluxe Cabins	301 & 302	Promenade Deck	\$16,999	Inquire
Twin beds, shower.				
Junior Suites	303 to 319	Promenade Deck	\$17,999	Inquire
Twin beds, bathtub with shower.				
Owner's Suites	401 & 402	Lido Deck	\$20,999	Inquire
Queen-size bed, bathtub, and separate shower.				

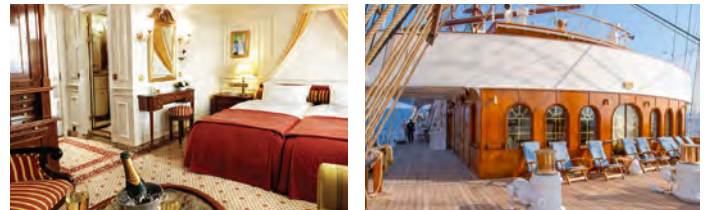
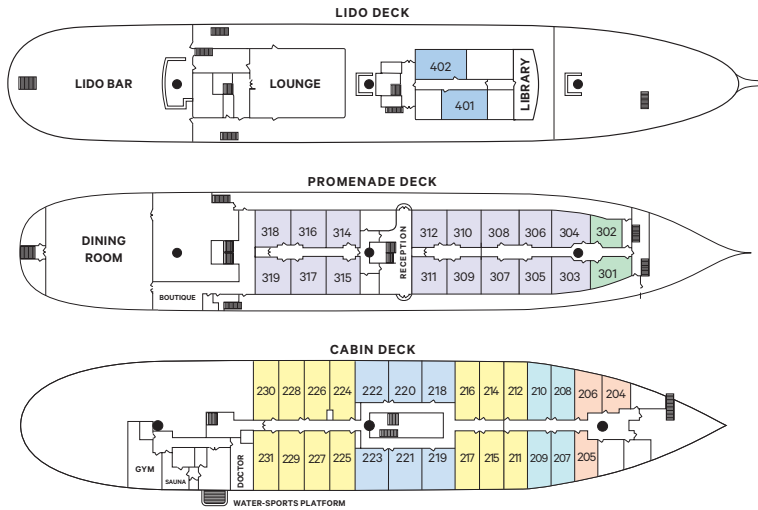
# Rates Include

- Eight nights cabin accommodations aboard *Sea Cloud II* as per itinerary
- Meals as indicated in the itinerary (B=Breakfast, L=Lunch, R=Reception, D=Dinner). Bottled water, soft drinks, juices, and coffee/tea with all meals; thoughtfully selected wine and beer with all included lunches and dinners; complimentary open bar aboard *Sea Cloud II* throughout the cruise (including all standard spirits)
- Airport/pier/airport group transfers for all participants on suggested flights
- Enrichment program of lectures and talks
- Escorted sightseeing by private motorcoach; entrance fees for included visits
- Taxes, service, and portorage charges; gratuities to local guides and drivers

### Not included in rates

International airfare; passport/visa fees; meals not specified; alcoholic beverages other than what is noted in inclusions; personal items and expenses; airport transfers other than for those on suggested flights; excess baggage; trip insurance; any other items not specifically mentioned as included.

## Sea Cloud II



Sea Cloud II Junior suite (left) and sun deck (right)

Sea Cloud II is a three-masted sailing yacht steeped in the elegance of yesteryear and complemented with the most modern amenities. Sister ship of the legendary *Sea Cloud*, *Sea Cloud II* has 47 outside cabins and travels under 23 billowing sails trimmed by hand. From the mahogany-paneled library and gracious lounge to the gym and watersports platform, no detail has been overlooked. Praised by the world's most discerning travelers, *Sea Cloud II* receives consistent high rankings from *Condé Nast Traveler*. Passengers enjoy open seating at all meals and complimentary use of all water sports equipment. A doctor is on call 24 hours a day. Please note that there is no elevator on *Sea Cloud II*.

## Western Mediterranean: October 13–22, 2024

### Reservation Form

To secure your reservation, please call Arrangements Abroad at 844-TRVLMET (844-878-5638); email: [met@arrangementsabroad.com](mailto:met@arrangementsabroad.com); or complete this form and return it with your deposit of \$1,000 per person (of which \$500 is non-refundable for administrative fees), to be paid by debit card, credit card, wire transfer, or check payable to *Arrangements Abroad*. Mail to: Arrangements Abroad, 260 West 39th Street, 17th Floor, New York, NY 10018-4424.

Name(s) in full as on passports. Please print.

Address

City State Zip

Telephone (home) (business)

Fax Email

### Accommodations

Sea Cloud II cabin preference (1) \_\_\_\_\_ (2) \_\_\_\_\_

I wish to share a room/cabin with \_\_\_\_\_

### Form of payment

Enclosed is my check (payable to Arrangements Abroad)  Debit card  Credit card

Name on debit/credit card

Debit/credit card number

3- or 4-digit security code

Expiration date

**Each participant must sign below. I/We have read, understand and agree to the Terms & Conditions at [www.arrangementsabroad.com/terms](http://www.arrangementsabroad.com/terms) and detailed in program documents. I/We agree to full payment 120 days prior to departure.**

Signature (required)

Date

Signature (required)

Date

For additional information, please call 844-TRVLMET (844-878-5638) or to opt out from receiving mail, email [travelwiththemet@metmuseum.org](mailto:travelwiththemet@metmuseum.org)



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1000 Fifth Avenue  
New York, NY 10028



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